The Rectorial Benefice of Cowbridge.

Serving the communities of Aberthin, Cowbridge, Flemingston, Holy Cross, Llanblethian, Llandough, Llanfrynach, Llangan, Llansannor, Penllyn, St. Hilary, St. Mary Church, St Mary Hill & Ystradowen.



THE SECOND SUNDAY OF LENT SUNDAY 17 th MARCH 2019

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THE COLLECT

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant that all those who are admitted into the fellowship of Christ's religion, may reject those things that are contrary to their baptism, and follow in the way of Jesus Christ our Lord, who is alive and reigns with you, and the Holy Spirit, one God, now and for ever. Amen.

THE FIRST READING

Genesis 15.1-12, 17-18

A reading from the Book of Genesis

The word of the LORD came to Abram in a vision, 'Do not be afraid, Abram, I am your shield; your reward shall be very great.' But Abram said, 'O Lord GOD, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?' And Abram said, 'You have given me no

offspring, and so a slave born in my house is to be my heir.' But the word of the LORD came to him, 'This man shall not be your heir; no one but your very own issue shall be your heir.' brought him outside and said, 'Look towards heaven and count the stars, if you are able to count them.' Then he said to him, 'So shall your descendants be.' And he believed the LORD; and the LORD reckoned it him as to righteousness. Then he said to him, 'I am the LORD who brought you from Ur of the Chaldeans, to give you this land to possess.' But he said, 'O Lord GOD, how am I to know that I shall possess it?' He said to him, 'Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtle-dove, and a young pigeon.' He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away. As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him. When the sun had gone down and

it was dark, a smoking fire-pot and a flaming torch passed between these pieces. On that day the LORD made a covenant with Abram, saying, 'To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates.'

This is the word of the Lord.

Thanks be to God.

PSALM

Psalm 27

R. The Lord is my light and my salvation

The Lord is my light and my salvation; whom then shall I fear? the Lord is the strength of my life; of whom then shall I be afraid? When evildoers came upon me to eat up my flesh, it was they, my foes and my adversaries, who stumbled and fell. **R**

Though an army should encamp against me, yet my heart shall not be afraid; And though war should rise up against me, yet will I put my trust in him. R

One thing have I asked of the Lord; one thing I seek; that I may dwell in the house of the Lord all the days of my life; To behold the fair beauty of the Lord and to seek him in his temple. R

For in the day of trouble he shall keep me safe in his shelter; he shall hide me in the secrecy of his dwelling and set me high upon a rock. **R**

Even now he lifts up my head above my enemies round about me; Therefore I

will offer in his dwelling an oblation with sounds of great gladness; I will sing and make music to the Lord. **R**

Hearken to my voice, O Lord, when I call; have mercy on me and answer me. You speak in my heart and say, 'Seek my face.' Your face, Lord, will I seek. Hide not your face from me, nor turn away your servant in displeasure. R

You have been my helper; cast me not away; do not forsake me, O God of my salvation. Though my father and my mother forsake me, the Lord will sustain me. R

Show me your way, O Lord; lead me on a level path, because of my enemies. Deliver me not into the hand of my adversaries, for false witnesses have risen up against me, and also those who speak malice. R

What if I had not believed that I should see the goodness of the Lord in the land of the living! O tarry and await the Lord's pleasure; be strong and he shall comfort your heart; wait patiently fur the Lord. **R**

SECOND READING

Philippians 3.17-4.1

A reading from the letter of Paul to the Philippians

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Saviour, Lord Iesus Christ. He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

This is the word of the Lord. **Thanks be to God.**

THE GOSPEL

Luke 13.31-35

Glory and Praise to you, O Christ! From the bright cloud the Father's voice was heard: This is my son, the beloved, Listen to him.

Glory and praise to you, O Christ.

The Lord be with you. **And also with you.**

Listen to the gospel of Christ according to Saint Luke Glory to you, O Lord.

At that very hour some Pharisees came and said to him, 'Get away from here, for Herod wants to kill you.' He said to them, 'Go and tell that fox for me,

"Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem." Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord."

This is the Gospel of the Lord. **Praise to you, O Christ.**

Those baptised in the Name of the Trinity are welcome to receive Holy Communion in this church.

POST COMMUNION PRAYER

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord Amen.

Please Pray for

- In the Anglican Communion: we pray for the Church of the Province of Central Africa and the Most Revd Albert Chama.
- In the diocese we pray for the Parish of Mountain Ash and Miskin and Michael Jones., Vicar.
- Please use the Web Site: www.churchinwales.org
- We pray for all those who are sick and housebound in our Parish and for all those who receive Holy Communion at home.

If you require a visit, or are aware of anyone else who does, please advise the Parish Office or a member of the Clergy.

- We pray for all who are sick, particularly Muriel Maslin, Eve Balfour, Dawn Conrad, Maureen Dixon, Charlotte Carpenter, Christine Williams, Christopher Browner, Lewis Groom, Phillip Rosser, Isobel Brant and Helen Saunders.
- We pray for those who have recently departed this life, among them Yvonne Wilding, Ron Norey, Jean Comber, Brian Minshull, Jean Fawcett, Nigel Anderson, Josephine Jenkins-Garnier, John Lewis, Justin Coutange and Sue Flower.
- We pray for those whose anniversaries fall at this time: Harold Muskett, Jean Whitaker, Lyn and Magda Jones, Theodora Evelyn James, Gwyn Harris, Olwen Fehrs, and Anne Patchett

May they rest in peace and rise in glory.

Lent Reflections- a Time to Think.

Penllyn Church will again be holding Lent Reflections on the Wednesdays in Lent- 7pm to 8pm. Quiet music, candle lit space to allow you time to clear your heads- think about your own journey to Easter, and reflect on your own current faith, with a different focus provided each week. Compline will be said each week at 7.50pm. Please come and join us .

Notices

- •The next meeting of the PCC will take place on Monday 25th March, 7 pm at the Taynton Room.
- •Lenten study groups 2019 From Monday March 11th at 10.30 a.m. at 2 River Walk, Cowbridge (telephone Jen Kennedy on 773467) and at 19.45 at Eastfield House, Cowbridge (telephone Sue Freeland on 775947)
- •Diocesan Lent Talks please see leaflets in church, lifts can be arranged, please speak to clergy or Parish Wardens.
- •Lenten Lunch Holy Cross Saturday 6th April from 12 noon to 2pm Minimum Donation £3.00 for Christians against Poverty. Please contact Hazel or Barbara if able to supply soup or help on the day.
- Pastoral Care Team Meeting Please note change of date now Thursday 21st March at 12.15pm at the Tayton Room.
- •Holy Cross housekeeping social! Saturday 30th March from 10am to 12 noon in preparation for Easter. Tea, coffee and cleaning materials provided. Most jobs are sitting down so chat and clean at the same time. Volunteers needed, Please contact Barbara Harding.
- **Holy Cross Afternoon Tea** is on Sunday March 24th from 3.30p.m. to 5.00p.m. Everyone welcome.

We offer our congratulations to Rev'd Suzanne Brumwell who has recently been appointed to the post of Vicar of the Parish of Llansantffraid, Bettws and Aberkenfig. Suzanne will be licensed to her new post sometime in July and we will be organising a farewell for Suzanne, and Phil in due course.

In the meantime, please hold Suzanne and Phil in your prayers together with the people of the parishes of Llansantffraid, Bettws and Aberkenfig.

St. Mary Church Coffee Morning third Friday in each month at the Church from 10.30am. All Welcome. (15th March 2019)

Ystradowen Church Social 3rd Wednesday each month, venues vary so for more info contact Sue Squire 775556

Parish Prayer Breakfast: The next monthly prayer breakfast will be on the first Saturday in the month (6th April 2019) at 8.00am in the Taynton Room, Holy Cross.

DIARY

Monday 18th March

John of Fiesol(1455), Priest and Andrei Rublev (1430) Religious. Painters

10.30 Lent Group 2 River Walk 773467 12.15 Pastoral Care Team meeting at 15.30 Confirmation class at St David's Colwinston

19.45 Lent Group at Eastfield House 775947

Thursday 21st March

Feria

10.00 Craft Group at the Taynton Room

the Taynton Room

19.00 Diocesan Vision 'Where faith matters' Margam Abbey *

Tuesday 19th March

Thomas Burgess(1837), Bishop and Teacher of the Faith

14.00 Handbells at the Taynton Room 19.00 Diocesan Vision 'Where faith matters' Ystrad Mynach *

Wednesday 20th March

The Saints, Martyrs and Missionaries of Africa.

10.00 The Eucharist at Llanblethian

Common Worship page 107 R My trust is in you ,O Lord.

15.30 Confirmation Class at

Holy Cross.

Llansannor School 19.00 Cowbridge Male Voice Choir at

19.00 Diocesan Vision 'Where faith matters' Grangetown *

Friday 22nd March

Feria

10.00 The Eucharist at Holy Cross Common Worship page 110

Remember the marvels the R Lord has done.

Saturday 23rd March

Polycarp (c155) Bishop and Martyr

* see poster for more details

All of the Churches in our Parish are open daily for private prayer and devotion.

THE PARISH OFFICE

Holy Cross Church Church Street Cowbridge CF71 7BB

Tel: 01446 772302 Fax: 01446 772347

Email: office@cowbridgeparish.com Website: www.cowbridgeparish.com

The Parish Office is open Monday, Tuesday, Thursday & Friday between 10.30 am and 12.30 pm.

WEEKDAY WORSHIP

The **Holy Eucharist** is celebrated in St. John's Church, Llanblethian at **10.00am on Wednesdays** (followed by a coffee morning).

The **Holy Eucharist** is celebrated in Holy Cross Parish Church at **10.00am on Fridays** (followed by a coffee morning).

PLEASE TAKE ME HOME

If you know of anyone who is sick or housebound and would like to receive Holy Communion or be visited then please let the Parish Office or one of the Clergy know as soon as possible.

Rector

Rev'd Stephen Adams 771625 07506 689450

rector@cowbridgeparish.com

Team Vicar

Rev'd Victoria Ashley 775381 07434 443885

vicar@cowbridgeparish.com

Curate

Rev'd Suzanne Brumwell 771515 07561 868602

curate@cowbridgeparish.com

Parish Administrator

Mr David -Lloyd Jones Parish Office or 01656 741354 office@cowbridgeparish.com

Parish Wardens

Mr Howard Perks 773973 jhperks55@gmail.com Mr Peter Davies 775211 daviesp99@hotmail.com

Parish Treasurer

Mr David-Lloyd Jones 772302 office@cowbridgeparish.com

Honorary Assistant Curates

Rev'd David Boult 07767 818257 daveboult@hotmail.co.uk
Rev'd Norman F. Williams 772107 normanwilliams06@aol.com

SERVICES FOR SUNDAY 17th MARCH 2019 THE SECOND SUNDAY OF LENT

8.00 The	e Eucharist at Holy Cross	President	Rev'd Stephen Adams
9.15 All	Age Eucharist at Llanblethian	President	Rev'd Stephen Adams
9.15 The	Eucharist at Llandough	President	Rev'd Ian Thomas
9.15 The	Eucharist at St Mary Church	President	Canon Peter Coleman
9.15 The	e Eucharist at Penllyn	President	Rev'd Victoria Ashley
11.00 All	l Age Eucharist at Holy Cross	President	Rev'd Stephen Adams
11.00 Th	e Eucharist at Llansannor	President	Rev'd Ian Thomas
11.00 Th	e Eucharist at Ystradowen	President	Revd Suzanne Brumwell
&	Sunday School		
11.00 Th	e Eucharist at St Hilary	President	Rev'd Victoria Ashley
11.15 Th	e Eucharist at St. Mary Hill	President	Canon Peter Coleman
18.30 Ev	ening Prayer at Flemingston	Officiant	Revd Suzanne Brumwell

SERVICES FOR SUNDAY 24th MARCH 2019 THE THIRD SUNDAY OF LENT

8.00	The Eucharist at Holy Cross	President	Rev'd Stephen Adams
9.15	The Eucharist at Llanblethian	President	Rev'd Stephen Adams
9.15	Morning Prayer at Llandough	President	Rev'd David Boult
9.15	The Eucharist at St Mary Church	President	Rev'd Suzanne Brumwell
9.15	The Eucharist at Llansannor	President	Rev'd Victoria Ashley
11.00	The Eucharist at Penllyn	President	Canon Peter Coleman
11.00	The Eucharist at Ystradowen		
	and Sunday School	President	Rev'd David Boult
11.00	The Eucharist & Baptism at Holy Cross	President	Rev'd Stephen Adams
11.00	The Eucharist at St Hilary	President	Rev'd Victoria Ashley
11.15	All Age Worship at Llangan	Officiants	Rev'd Suzanne Brumwell
		,,	& Mrs Glenda Oglesbee
15.00	Afternoon Tea at Holy Cross		
18.00	Prayer and Praise at Southway	Officiants	Mrs Hazel Coates &
	-		Mr Ernie Coates
18.30	The Eucharist at Flemingston	President	Rev'd Victoria Ashley

Readings: Isaiah 55.1-9 Psalm 63. 1-8 1 Corinthians 10.1-13 Luke 13.1-9 Lectionary Page 827 Pew Edition page 582

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