

## Service Sheet

### **O Welcome Slide**

#### **The Parish of Cowbridge**

Worship for the Fourth Sunday after Trinity 5<sup>th</sup> July 2020

Welcome to our service this morning.

#### **I danced in the morning when the world was begun**

I danced in the morning when the world was begun, And I danced in the moon and the stars and the sun,  
And I came down from heaven and I danced on the earth: At Bethlehem I had my birth.

Dance, then, wherever you may be, I am the Lord of the dance, said he, And I'll lead you all, wherever you  
may be, And I'll lead you all in the dance, said he.

I danced for the scribe and the Pharisee, But they would not dance and they wouldn't follow me;

I danced for the fishermen, for James and John;

They came with me and the dance went on:

Dance, then, wherever you may be, I am the Lord of the dance, said he, And I'll lead you all, wherever you  
may be, And I'll lead you all in the dance, said he.

I danced on the Sabbath and I cured the lame: The holy people said it was a shame.

They whipped and they stripped and they hung me on high, And they left me there on a cross to die:

Dance, then, wherever you may be, I am the Lord of the dance, said he, And I'll lead you all, wherever you  
may be, And I'll lead you all in the dance, said he.

I danced on a Friday when the sky turned black; It's hard to dance with the devil on your back. They  
buried my body and they thought I'd gone; But I am the dance,

and I still go on:

Dance, then, wherever you may be, I am the Lord of the dance, said he,

And I'll lead you all, wherever you may be, And I'll lead you all in the dance, said he.

They cut me down and I leapt up high;

I am the life

that'll never, never die.

I'll live in you

if you'll live in me:

I am the Lord of the dance, said he.

Dance, then,

wherever you may be,

I am the Lord of the dance, said he,

And I'll lead you all, wherever you may be, And I'll lead you all in the dance, said he.

Words: Sydney Carter (1915-2004)

Music: Shaker Melody and The Choir of Salisbury Cathedral © 1963, 2001 Stainer & Bell

### **OZ' Eucharist 01 - Greeting**

The Gathering

In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen.

Grace and peace be with you and keep you in the love of Christ.

## OZ' Eucharist 02 - Collect for Purity

Heavenly Father, all hearts are open to you.

No secrets are hidden from you.

Purify us with the fire of your Holy Spirit that we may love and worship you faithfully, through Jesus Christ our Lord. Amen.

### Kyrie - Mass of St Thomas

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Music: The Girls Choir of Norwich Cathedral

## OZ' Eucharist 03g - Inv.to confession - Ord. Time

Prayers of Penitence

God so loved the world

that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

*Silence*

## D Eucharist 04 - Confession

Heavenly Father,

we have sinned in thought, word and deed, and have failed to do what we ought to have done.

We are sorry and truly repent.

For the sake of your Son Jesus Christ

who died for us,

forgive us all that is past and lead us in his way to walk as children of light. Amen.

## C' Eucharist 05 - Absolution

Almighty God,

who forgives all who truly repent, have mercy on you

and set you free from sin, strengthen you in goodness and keep you in eternal life;

through Jesus Christ our Lord. Amen.

## **Gloria - Mass of St Thomas**

Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen. Music: The Girls Choir of Norwich Cathedral

## **07 Collect Trinity 04**

Collect for the Fourth Sunday after Trinity O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

**O<sup>1</sup> 2020 07 05 Trinity 4 Proper 9 OT.pdf**

**Q 2020 07 05 Trinity 4 Proper 9 Psalm.pdf**

**O<sup>1</sup> 2020 07 05 Trinity 4 Proper 9 NT.pdf**

**M 2020 07 05 Trinity 4 Proper 9 Gospel.pdf**

**D Eucharist 08 - The Sermon**

The Sermon

**D Eucharist 09 - The Nicene Creed**

The Nicene Creed

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven; by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## O Notices

Notices for this Week

On Monday to Friday each week Morning Prayers is said at 9.15 am. All are invited to join us for this 30 minutes of daily prayer and reflection.

simply use same Zoom link as today.

### OZ' Eucharist 10 - Prayers of Intercession

The Prayers of Intercession

In the Anglican Communion Pray for the United Church of Pakistan: The Most Revd Humphrey Peters - Bishop of Peshawar & Moderator of the Church of Pakistan.

In the diocese for the Parish of Llangeinor and Garw Valley and for Roger Pitman, Priest in Charge.

All those who are sick & housebound in our Parish, particularly Muriel Maslin, Dawn Conrad, Maureen Dixon, Charlotte Carpenter, Christine Williams, Christopher Browner, Phillip Rosser, Helen Saunders, William Watkins, Tony Arnold, Doreen Stafford, Dave German, Ellie

Harris, Grayson Finn, Peter Sey, Bill Clay, Margaret Launder, Emma Webley and John Wills.

Those who have recently departed this life, among them: Enfys Brown, Joan Lewis, Robert Nicholas, Dewi Wyn Jones and Sandra Perks.

Those whose 'years mind' fall at this time, among them Margaret Turner, Gareth Hoskin, Bill Howells, Fred Cheeseman, Diana Bird, Gareth James Williams, James Shaw, Donald May, William Hayden Jones and Neil Cyril Jenkins.

May they rest in peace and rise in glory.

## D Eucharist 10a - Prayers of Intercession Conclusion

The Prayers of Intercession

Lord, in your mercy; Hear our prayer.

*the following may be said to conclude the prayers*

Merciful Father, accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.

### Offertory (Give thanks with a grateful heart)

The Offertory

At this point in a normal church service, the plate would be passed around the congregation. In the present circumstances and especially because our weekly giving is significantly reduced as a result of the lockdown situation, we would ask you to consider making a freewill offering, as you are able, via a "text" donation using your mobile phone.

Your gift will be offered to God during the service in the same way as donations on the plate would have been and this will enable us to continue God's work through all the Churches of our Parish.

To donate £1 please Text GIVEONE to 70085

To donate £5 please Text GIVEFIVE to 70085

To donate £7 please Text GIVESEVEN to 70085

To donate £10 please Text GIVETEN to 70085

Texts cost your donated amount plus one standard rate message After you send the Text Message will be asked

if you wish to Gift Aid your donation and then

if you wish to make this a regular monthly donation.

Please be assured that this information will not be used to contact you in future for any advertising or

promotional reason.

Thank You.

Words and Music: Henry Smith (b.1952)

### **O Offertory**

Heavenly Father, accept the gifts of your people.

All things come from You, and of your own have we given You.

### **D Eucharist 12 - The Peace - Ord. Time**

The Peace

*One of the following sentences may be said:*

Christ is our peace. He has reconciled us to God in one body on the cross. We meet in his name and share his peace.

We are the body of Christ. In the one Spirit we were all baptised into one body. Let us pursue all that makes for peace and strengthens our common life.

Christ, the Prince of peace, breaks down the walls that divide us. God has called us to live in peace.

The peace of the Lord be always with you and also with you.

Let us offer one another a sign of peace.

### **Alleluia Sing to Jesus**

Alleluia, Sing to Jesus;

His the sceptre, His the throne;

Alleluia, His the triumph, His the victory alone.

Hark, the songs of holy Zion

Thunder like a mighty flood:

'Jesus out of every nation

Hath redeemed us by His blood.'

Alleluia, not as orphans

Are we left in sorrow now;

Alleluia, He is near us,

Faith believes, nor questions how.

Though the clouds from sight received Him

When the forty days were o'er, Shall our hearts forget His promise, 'I am with you ever more'?

Alleluia, Bread of angels,  
Thou on earth our food, our stay;  
Alleluia, here the sinful  
Flee to Thee from day to day.  
Intercessor, Friend of sinners, Earth's Redeemer, plead for me Where the songs of all the sinless Sweep  
across the crystal sea.

Words: William Chatterton Dix  
Music: Rowland Huw Prichard (1811-1887) and The Choir of King's College Cambridge

## D **Eucharist 13 - Sursum Corda & Preface - Ord Time**

An Act of Spiritual Communion

The Lord be with you.  
And also with you.

Lift up your hearts.  
We lift them to the Lord.

Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy at all times and in all places to give you thanks and praise, holy  
Father, heavenly King, almighty, everlasting God, through Jesus Christ your only Son our Lord.

He is your eternal Word:  
through him you created the universe  
and formed us men and women in your own image.  
You sent him to be our Saviour, born of Mary through the power of the Spirit.  
Upon the cross he opened wide his arms of mercy, embracing us in perfect love, destroying the power of  
evil, suffering and death.

On the first day of the week you raised him from the dead and opened to us the gate of everlasting life.  
Through him you have given us your holy and life-giving Spirit, and made us your own sons and  
daughters. Therefore with angels and archangels and with all the company of heaven we proclaim your  
great and glorious name, for ever praising you and saying/singing:

### **Sanctus and Benedictus - Mass of St Thomas**

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the  
highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Music: The Girls Choir of Norwich Cathedral

## O **Eucharist 14 - An Act of Spiritual Communion**

Our Jesus,  
We believe that you are present in the Sacrament of Holy Communion. We love You above all things and  
desire to receive You into our souls. Since we cannot at this moment receive you sacramentally, come  
spiritually into our hearts, and find a home prepared for you there.

We embrace You

as if You were already there.  
We unite ourselves wholly to You.  
Never permit us to separate ourselves from You.  
Grant that we may love you always, and do with us what you will.  
For we pray in your most holy name.  
Amen.

### **○ Eucharist 15 - Our Father (trad.)**

As our Saviour taught us, we boldly pray: Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power and the glory, for ever and ever.  
Amen.

### **Agnus dei - Mass of St Thomas**

Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: grant us peace.

Music: The Girls Choir of Norwich Cathedral

### **○Z' Eucharist 15a - Invitation to communion 1**

Jesus is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper. Lord, I am not worthy to receive you, but only say the word and I shall be healed.

### **○Z' Eucharist - Post communion responses**

Post Communion Prayers

Give thanks to the Lord for he is gracious: his love is everlasting.

### **○Z' Eucharist 16a - Pres. Post communion prayer - Trinity 04**

Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope: teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord.  
Amen.

### **○Z' Eucharist 16b - Congr. Post Communion prayer CoE 2**

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home.  
Dying and living, he declared your love, gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;

we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

### **Love is his word, love is his way**

Love is his word, love is his way, feasting with all, fasting alone, living and dying, rising again, love, only love, is his way:

Richer than gold is the love of my Lord, better than splendour and wealth.

Love is his way, love is his mark, sharing his last Passover feast,

Christ at his table, host to the twelve, love, only love, is his mark:

Richer than gold is the love of my Lord, better than splendour and wealth.

Love is his mark, love is his sign, bread for our strength, wine for our joy, "This is my body, this is my blood" - love, only love, is his sign:

Richer than gold is the love of my Lord, better than splendour and wealth.

Love is his sign, love is his news, 'Do this,' he said, 'lest you forget all my deep sorrow, all my dear blood' - love, only love, is his news:

Richer than gold is the love of my Lord, better than splendour and wealth.

Love is his news, love is his name, we are his own, chosen and called, sisters and brothers, parents and and kin, love, only love, is his name:

Richer than gold is the love of my Lord, better than splendour and wealth.

Love is his name, love is his law, hear his command, all who are his 'Love one another, I have loved you' love, only love, is his law.

Richer than gold is the love of my Lord, better than splendour and wealth.

Love is his law, love is his word: love of the Lord, Father and Word, love of the Spirit, God ever one, love, only love, is his word.

Richer than gold is the love of my Lord, better than splendour and wealth.

Words: Luke Cannaughton (1917-1979)  
Music: Anthony Milner (1925-2002)  
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### **D Eucharist 17 - The Sending Out - Ord. Time**

The Blessing and Sending Out

The peace of God,

which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord and the blessing of God almighty, the Father, the Son, and the Holy Spirit be among you

and remain with you always.

Amen.

Go in peace to love and serve the Lord; In the name of Christ. Amen.



## **D Last Slide**

### **The Parish of Cowbridge**

Thank you for joining us today

If you'd like to meet a small group of people in a "breakout room", please remain online.

One of the clergy will remain in this meeting "area" to say goodbye