



Sunday 9th August - The Parish of Cowbridge Pews News

Readings for the Ninth Sunday after Trinity (Proper 14)

Collect

Almighty God, you sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Old Testament Reading

A reading from Genesis (37.1-4, 12-28)

Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of the family of Jacob.

Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

Now his brothers went to pasture their father's flock near Shechem. And Israel said to Joseph, 'Are not your brothers pasturing the flock at Shechem? Come, I will send you to them.'

He answered, 'Here I am.'

So he said to him, 'Go now, see if it is well with your brothers and with the flock; and bring word back to me.' So he sent him from the valley of Hebron.

He came to Shechem, and a man found him wandering in the fields; the man asked him, 'What are you seeking?'

'I am seeking my brothers,' he said; 'tell me, please, where they are pasturing the flock.'

The man said, 'They have gone away, for I heard them say, "Let us go to Dothan."'

So Joseph went after his brothers, and found them at Dothan. They saw him from a distance, and before he came near to them, they conspired to kill him. They said to one another, 'Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams.'

But when Reuben heard it, he delivered him out of their hands, saying, 'Let us not take his life.' Reuben said to them, 'Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him' — that he might rescue him out of their hand and restore him to his father.

So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and threw him into a pit. The pit was empty; there was no water in it.

Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt.

Then Judah said to his brothers, 'What profit is there if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh.'

And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

This is the word of the Lord. **Thanks be to God.**

Psalm 105.1–6, 16–22, 45b

Sing to the Lord, sing praises to him.

Give thanks to the Lord and call upon his name; make known his deeds among the peoples. Sing to him, sing praises to him, and speak of all his marvellous works. Glory in his holy name; let the hearts of those who seek the Lord rejoice. **Sing to the Lord, sing praises to him.**

Search for the Lord and his strength; continually seek his face. Remember the marvels he has done, his wonders and the judgements of his mouth, O offspring of Abraham his servant, O children of Jacob his chosen. **Sing to the Lord, sing praises to him.**

Then he called for a famine in the land and destroyed the supply of bread. He sent a man before them, Joseph, who was sold as a slave. They bruised his feet in fetters; his neck they put in an iron collar. Until his prediction came to pass, the world of the Lord tested him. **Sing to the Lord, sing praises to him.**

The king sent and released him; the ruler of the peoples set him free. He set him as master over his household, as a ruler over all his possessions, To instruct his princes according to his will and to teach his elders wisdom. Alleluia! **Sing to the Lord, sing praises to him.**

New Testament Reading

A reading from Romans (10.5-15)

Moses writes concerning the righteousness that comes from the law, that 'the person who does these things will live by them.'

But the righteousness that comes from faith says, 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down) 'or "Who will descend into the abyss?"' (that is, to bring Christ up from the dead).

But what does it say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!'

This is the word of the Lord. **Thanks be to God.**

Gospel Reading

Alleluia, alleluia, alleluia. Speak, Lord, for your servant is listening. You have the words of eternal life. **Alleluia, alleluia, alleluia.**

Listen to the Gospel of Christ according to St Matthew (14.22-33) **Glory to you, O Lord.**

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray.

When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear.

But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

Peter answered him, 'Lord, if it is you, command me to come to you on the water.'

He said, 'Come.'

So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!'

Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord. **Praise to you, O Christ.**

Post Communion Prayer

Holy Father, you gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. **Amen.**

Readings for Evensong on Sunday 2nd August Psalm 80, 1 Kings 10.1-13, Acts 13.1-13

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Next week's readings (Trinity 10, Proper 15)

Genesis 45.1-15 Psalm 133 Romans 11.1-2a, 29-32 Matthew 15.10-28

Readings for Evensong on Sunday 16th August

Psalm 90 2 Kings 4.1-37 Acts 16.1-15

Prayer Intentions

In the Anglican Communion please pray for the Province de L'Eglise Anglicane au Rwanda The Most Revd Laurent Mbanda –Archbishop of L'Eglise Episcopale au Rwanda & Bishop of Shyira.

In the Diocese of Llandaff please pray for the Vale of Neath and Andrew Davies, Vicar.

All those who are sick & housebound in our Parish and for all those who receive Holy Communion at home.

All who are sick, particularly Dawn Conrad, Maureen Dixon, Charlotte Carpenter, Christine Williams, Christopher Browner, Phillip Rosser, Helen Saunders, William Watkins, Tony Arnold, Doreen Stafford, Dave German, Ellie Harris, Grayson Finn, Margaret Launder, John Wills, Barbara Morris, Benjamin Arthur Kennedy, Margaret Harris and Crispin Clay.

Those who have recently departed this life, among them: Peter Sey, Malcom de Garis and Amanda Pay(nee Blake).

Those whose 'years mind' fall at this time, among them Geoff Collins, Stephen Leslie Hordley, Derwen Mary Greenway, Evelyn Evans, Francis Davies, Ivana Mai Locke, Margaret Parfitt, Beatrice Evelyn Gardner, Dennis Fudge, Elcira Maria Fredrick, Hilda Bradley and Cecilia Jones.

May they rest in peace and rise in glory.

Weekly Pattern of Services and re-opening.

(updated 8th Aug) Our weekly pattern of worship (at the moment) is:

Monday-Friday: 9:15 am - Morning Prayer on Zoom: [Click here to attend](#) ; Passcode 251261 (Meeting ID 447 849 545)

Wednesdays: at Llanblethian Church

10:00 - 10.15 am private prayer 10:15-10:45 am **Holy Eucharist** 10:45-11:00 am private prayer

Thursdays: at Holy Cross

10:00 - 10.15 am private prayer 10:15-10:45 am **Holy Eucharist** 10:45-11:00 am private prayer

Sundays:

9:00 am - Sunday School on Zoom - families welcome. [Link to Sunday Club](#): Passcode: 077973 (Meeting ID: 842 7508 5595)

10:00 am - Morning Worship on Zoom: [Click here to attend](#) ; Passcode 251261 (Meeting ID 447 849 545)

2.00 pm - Llanblethian church open for private prayer; 2:15-2:45 pm Holy Eucharist; 2:45-3:00 pm church open for private prayer

4.00 pm Holy Cross church open for private prayer; 4:15-4:45 pm Holy Eucharist; 4:45-5:00 pm church open for private prayer

6.00 pm - Evensong on Zoom - all welcome: [Click here to attend](#) ; Passcode 251261 (Meeting ID 447 849 545)

Notes

- *We have moved from the usual Friday slot at Holy Cross to Thursday to give sufficient time for any virus on surfaces to die.*
- *To attend the Holy Eucharist **please let one of the clergy know that you intend coming**. This will allow us to plan effectively and make sure that no one is disappointed if there is insufficient room. In asking for notice, I am reminded of the rubric in the old 1662 Book of Common Prayer: "So many as intend to be partakers of the holy Communion shall signify their names to the Curate, at least some time the day before."*
- *For the Eucharist, we follow all the guidelines on safe-distancing etc. to ensure everyone's safety. This means seating is limited.*
- **Stewards** *One of the conditions of reopening is that when a church is open a minimum of two volunteers will need to be present to open and close the church, direct those visiting and carry out cleaning. This role, however, can only be carried out by volunteers who are not in a vulnerable group. Vulnerable groups currently include those over 70 years of age or those who are self-isolating or supporting people who are shielding. Anyone not in a vulnerable group and who might consider volunteering to help should contact Peter Davies (Email: daviesp99@hotmail.com or telephone 01446 775211).*

Further Developments

Weddings Following several inquiries, we are now in the process of creating protocols for holding small weddings and determining safe practice. In the first instance, Holy Cross and Llanblethian are potentially available.

Baptisms Once we have looked at weddings, we will move on to designing our protocols for celebrating Baptism (Christenings). *Following a survey earlier this week, we are now preparing the risk assessments to send to the archdeacon.*

How to book Before formulating any plans, all requests for any of the above services must be made to one of the following: **Stephen Adams (Rector), Victoria Ashley (Team Vicar) David-Lloyd Jones (Parish Administrator)** See below for contact details

News from Penllyn

St John's, Penllyn was to have had a May Fair this year, and like so many organisations had to cancel because of the current situation.

Throughout the lockdown period, Rose & Richard Morgan ran a weekly Plant stall outside their house in Penllyn to raise vital funds for NHS charities. This became a part of the village fabric at such a difficult time, and much loved. Now that lockdown had eased, and the plant sales stopped, it was suggested that we do one outside of the village hall to raise some very much needed funds.

Looking at all the restrictions in place, and the wet weather forecast, we decided to hold this inside the hall over a full day, doors and windows open, with Victoria providing a lot of very sound advice regarding Covid-19 on what was needed! A team of people, not in the vulnerable category, stewarded all day, allowing people to choose items and then make donations on their way out.

We were delighted to bank well over £1,000 and so many people have asked that this is done annually. Maybe choose a little earlier in the year than end of July though! Many thanks to all those who donated items, stewarded, and those who came and bought..

News from Llangan

Neil Diamond proves to be a real Jewel!

Like everyone else in the Benefice all our usual fundraising activities have been brought to a standstill by Covid 19 so we've been looking at ways to try to raise funds. Fortunately a very enjoyable opportunity presented itself in the form of a Neil Diamond tribute act streamed on Facebook. Jeff Phillips has been putting on shows from his garden every few weeks through lockdown and he agreed to run his last one as a fundraiser. We were able to get people to donate using the recently set up Text Giving facility and promoted it via our village newsletter and Jeff's Facebook page.

Jeff sang for 1.30 hours taking requests and saying hello to loads of people who've been isolating.

It was a very pleasant evening and the show has had almost 3000 views from places as far away as USA, Cyprus and was streamed on the Neil Diamond Fan site.

We raised £1056 for St Canna's Church.

We're now looking at other opportunities where we can get people to donate via Text Giving .

Wheelchair ramp - free to a good home

Sheree Pearson has a metal wheelchair ramp which she is happy to donate to any church or individual who would use it. Please contact Sheree directly for further information by email: only1pearson@gmail.com

A Living Wage for our Covid-19 Carers

(article from Llandaff Matters) Thousands of workers have been stepping into danger, everyday to care for the most vulnerable in our society. They don't do it for the money, they do it because they care. What they need now is for all of us to step up and support them. Write to your MP today and ask them to advocate for care workers:

<https://startafire.co/citizensuk/living-wage/a-real-living-wage-in-social-care>

Church in Wales Elections 2020 Electing people with drive and energy to decision making bodies within the Church in Wales has never been more important. *For more information click on this link: [Church in Wales Elections 2020](#)*

Landmark book explores Celtic Christianity

A retired archdeacon tells the remarkable story of Britain's oldest centre of learning in a book published today (July 27).

Philip Morris, the former Archdeacon of Margam, has written the first in-depth history of the monastery and training school founded in the small Welsh town of Llantwit Major – Llanilltud Fawr – more than 1,500 years ago. *Click this link to read more:* [Llanilltud – The Story of a Celtic Christian Community](#)

Llansannor School - Governor vacancy

Governor wanted for Llansannor & Llanharry Primary School

The only Church school within our Benefice is seeking a governor to bring an outside perspective along with challenge and support to the school. This voluntary role is one way you can support today's children.

It would be an additional advantage if candidates were parents/grandparents of school aged children and brought experience of any of the following: accountancy, I.C.T., pupil wellbeing and support or ethical & religious education.

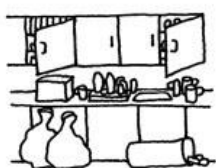
If interested contact Peter Whiting, Chair of Governors, whitings@btinternet.com or 01446 774709

Daily Prayer

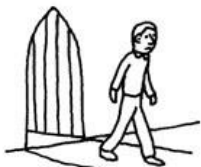
During the week we are saying morning prayer together at 9.15 (Monday- Friday) using the same link as for Sunday services. All are welcome to join us for 30 minutes of spiritual refreshment. [Click here to attend](#) ; Passcode 251261

Cartoon by Dave Walker

ANY OTHER BUSINESS



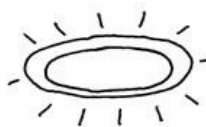
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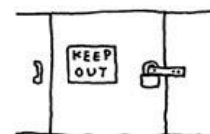
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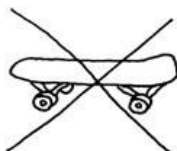
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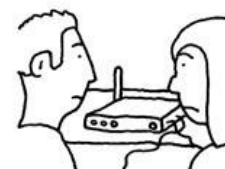
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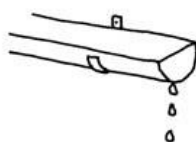
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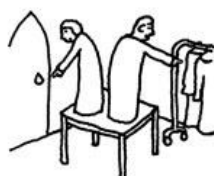
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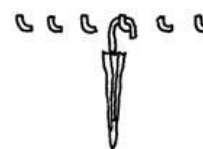
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Sunday Club for Families - On-line

Sunday club is meeting again this week at 9.00 am for worship and activities. You can join them at this link:

[Link to Sunday Club](#): Meeting ID: 842 7508 5595 Passcode: 077973

Resources for Children and Families

The ROOTS for Churches organisation (to which the parish subscribes) provides free resources which you can find at these links – these are very good for both adults and children:

[Link to ROOTS resources](#)

Digital Giving

Several people have been asking about how they can support our churches financially at this time. (Many, of course, are already doing so through their standing order arrangements.) To that end, we have set up a way giving by text in the same way that many charities do when they have an appeal on television. Each Sunday we will include an Offertory in the service in the usual place. We recognise that many people are facing financial uncertainty, and we don't want to add any pressure: so, we seek to follow the biblical principle of giving, as each is able. The text that we will display is as follows:

The Offertory

At this point in a normal church service, the plate would be passed around the congregation.

In the present circumstances and especially because our weekly giving is significantly reduced as a result of the lockdown situation, we would ask you to consider making a freewill offering, as you are able, via a "text" donation using your mobile phone.

Your gift will be offered to God during the service in the same way as donations on the plate would have been and this will enable us to continue God's work through all the Churches of our Parish.

To donate £1 please Text GIVEONE to 70085 To donate £5 please Text GIVEFIVE to 70085 To donate £7 please Text GIVESEVEN to 70085 To donate £10 please Text GIVETEN to 70085 Texts cost your donated amount plus one standard rate message

After you send the Text Message will be asked if you wish to Gift Aid your donation and then if you wish to make this a regular monthly donation. Please be assured that this information will not be used to contact you in future for any advertising or promotional reason. Thank You.

How to access our online Services

[Click here to join Cowbridge Worship](#) (don't worry if a warning shows) This will open the Zoom app (or ask you to download it, if you haven't done so already). This should be reasonably straightforward. It will also ask for a passcode to get into the meeting – see below. *Meeting ID: 447 849 545 Passcode: 251261* We've kept the same passcode for the last few weeks (for simplicity), and we will let you know when we change it. The details of how to join are also on the parish website: www.cowbridgeparish.com. We will be online fifteen minutes before each service to welcome people and help with any technical difficulties. We look forward to welcoming you.

Other ways of joining in If you're not able to follow us online, you can also download the service sheet from the parish website: www.cowbridgeparish.com.

It's also possible to telephone into the service and listen. You can choose one of the telephone numbers below. These are all national UK numbers and should incur standard rates or fall within subscription packages.

Tel: 0203 481 5237 or 0203 481 5240 or 0208 080 6591 Meeting ID: 447 849 545 Passcode: 251261

Welsh Services

For Welsh speakers, Eglwys Dewi Sant in Cardiff have been putting their services online, and you can find them at this link: [Link to Eglwys Dewi Sant](#)

Llandaff Matters

Llandaff Matters

Our diocesan Communication Officer produces a very helpful weekly newsletter (Llandaff Matters) about news and events from around the diocese. You can read the latest edition at this link:

[Link to Llandaff Matters newsletter](#) and sign up here to receive it every Friday: [Sign up to Llandaff Matters](#)

Parish Contacts

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rector@cowbridgeparish.com

Team Vicar Rev'd Victoria Ashley 01446 775381

vicar@cowbridgeparish.com

Curate Rev'd Ian Yemm 01446 311289; 07434 654312

Parish Administrator Mr David -Lloyd Jones Parish Office 01446 772302

office@cowbridgeparish.com

Parish Wardens Mr Howard Perks 01446 773973 jhperks55@gmail.com Mr Peter Davies 01446 775211

Parish Treasurer Mr David-Lloyd Jones 01446 772302 office@cowbridgeparish.com