

The Parish of Cowbridge

Worship for Sunday 21st February The First Sunday of Lent

Welcome to our service.

Lord Jesus think on me

Lord Jesus, think on me,
And purge away my sin;
From earthborn passions set me free,
And make me pure within.

Lord Jesus, think on me,
With care and woe opprest;
Let me thy loving servant be,
And taste thy promised rest.

Lord Jesus, think on me,
Amid the battle's strife;
In all my pain and misery
Be thou my health and life.

Lord Jesus, think on me,
Nor let me go astray;
Through darkness and perplexity
Point thou the heavenly way.

Lord Jesus, think on me,
When flows the tempest high:
When on doth rush the enemy
O Saviour, be thou nigh.

Lord Jesus, think on me,
That, when the flood is past,
I may the eternal brightness see,
And share thy joy at last.

Written by: Synesius of Cyrene (375-430)

Music: Collegiate Church of St Mary Warwick Choir

Translation: Allen William Chatfield (1808-1896)

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Evening Prayer 01 - Introduction - Lent 1

Introduction

He was in the wilderness for forty days,
tempted by Satan;
and he was with the wild beasts;
and the angels waited on him.

Mark 1.13

Beloved in Christ,
we are here in the presence
of the living God
and of the whole company of heaven,
to offer to him,
through our Lord Jesus Christ,
our worship and praise
and thanksgiving;
that we may know more truly
the greatness of his love,
and that his grace
may bear fruit in our lives.

We have come to hear and receive
God's holy Word,
to seek the strengthening power
of the Holy Spirit,
and to pray for ourselves
and all humankind
that we may be given those things
which are necessary
for our true well-being.
But first let us confess our sins,
and seek our Father's pardon and peace:

Evening Prayer 02 - Confession

**We confess to God Almighty,
the Father, the Son, and the Holy Spirit,
that we have sinned in thought,
word and deed.**

**We have left undone those things
which we ought to have done;
and we have done those things**

**which we ought not to have done.
Wherefore we pray God
to have mercy upon us.**

**Almighty God have mercy upon us,
forgive us all our sins
and deliver us from evil,
confirm and strengthen us
in all goodness,
and bring us to life everlasting. Amen.**

Evening Prayer 03 - Absolution/Prayer for forgiveness

The Minister (if a Priest) says:

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you
from all your sins,
confirm and strengthen you
in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. Amen.

Or (if a Deacon or a Lay person) says:

Grant, we beseech thee,
merciful Lord,
to thy faithful people pardon and peace,
that they may be cleansed
from all their sins,
and serve thee with a quiet mind;
through Jesus Christ our Lord. Amen.

Evening Prayer 04 - The Office

The Office

O Lord, open thou our lips;
And our mouth shall show forth thy Praise.

O God, make speed to save us;

O Lord, make haste to help us.

Glory be to the Father,
and to the Son:
and to the Holy Spirit;
**As it was in the beginning,
is now, and ever shall be:
world without end. Amen.**

Praise ye the Lord;
The Lord's Name be praised.

Readings evening Psalm 77.pdf

Readings Evening Prayer - OT Exodus 34 10.pdf

Evening Prayer 05 - The Magnificat

The Magnificat

My soul doth magnify the Lord:
and my spirit hath rejoiced in God my Saviour.

For he hath regarded:
the lowliness of his handmaiden.

For behold, from henceforth:
all generations shall call me blessed.

For he that is mighty hath magnified me:
and holy is his name.

And his mercy is on them that fear him:
throughout all generations,

He hath showed strength with his arm:
he hath scattered the proud
in the imagination of their hearts.

He hath put down the mighty from their seat:
and hath exalted the humble and meek.

He hath filled the hungry with good things:
and the rich he hath sent empty away.

He remembering his mercy:
hath helped his servant Israel;

As he promised to our forefathers:
Abraham and his seed, for ever.

Glory be to the Father,
and to the Son:
and to the Holy Spirit;
As it was in the beginning,
is now, and ever shall be:
world without end. Amen.

Readings Evening Prayer NT Romans 10 8
13.pdf

Evening Prayer 06 - The Nunc Dimitis

The Nunc Dimittis

Lord, now lettest thou thy servant
depart in peace:
according to thy word.

For mine eyes have seen
thy salvation:
which thou hast prepared
before the face of all peoples.

To be a light to lighten the Gentiles:
and to be the glory of thy people Israel.

Glory be to the Father,
and to the Son:
and to the Holy Spirit;
As it was in the beginning,
is now, and ever shall be:
world without end. Amen.

Evening Prayer - The Apostles Creed

The Apostles Creed

I believe in God the Father Almighty,
maker of heaven and earth:

And in Jesus Christ
his only Son our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.

The third day he rose again
from the dead,
he ascended into heaven,
and is seated at the right hand of God
the Father Almighty;
from thence he shall come
to judge the quick and the dead.

I believe in the Holy Spirit;
the Holy Catholic Church;
the communion of saints;
the forgiveness of sins;
the resurrection of the body;
and the life everlasting. Amen.

Evening Prayer 07 - The lesser litany

The Lord be with you.
And with your spirit.

Let us pray.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Evening Prayer 08 - The Lord's Prayer

Our Father,
who art in heaven,

hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation;
but deliver us from evil. Amen.

Evening Prayer 09 - The responses

O Lord, show thy mercy upon us;
And grant us thy salvation.

Endue thy ministers with righteousness;
And make thy chosen people joyful.

O Lord, save thy people;
And bless thine inheritance.

O Lord, save the Queen;
And give her counsellors wisdom.

Give peace in our time, O Lord;
And evermore mightily defend us.

Make clean our hearts, O God;
And renew a right spirit within us.

Collect Lent 1

Collect for First Sunday in Lent

Almighty God,
whose Son Jesus Christ
fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves
in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,

who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

Evening Prayer 10 - The Second Collect, for
Peace

Almighty God,
from whom all holy desires,
all good counsels,
and all just works do proceed:
give unto thy servants
that peace which the world cannot give;
that our hearts may be set
to obey thy commandments,
and that, being defended by thee
from the fear of our enemies,
we may pass our time in rest and quietness;
through Jesus Christ our Lord. Amen.

Evening Prayer 11 - The Third Collect, for aid
against all perils

Lighten our darkness,
we beseech thee, O Lord;
and by thy great mercy
defend us from all perils
and dangers of this night;
for the love of thy only Son,
our Saviour Jesus Christ. Amen.

Lead us Heavenly Father

Lead us, Heavenly Father, lead us
O'er the world's tempestuous sea;
Guard us, guide us, keep us, feed us,
For we have no help but Thee;
Yet possessing every blessing
If our God our Father be.

Saviour, breathe forgiveness o'er us;
All our weakness Thou dost know,
Thou didst tread this earth before us,

Thou didst feel its keenest woe;
lone and dreary, faint and weary,
Through the desert Thou didst go.

Spirit of our God, descending,
Fill our hearts with heavenly joy,
Love with every passion blending,
Pleasure that can never cloy;
Thus provided, pardoned, guided,
Nothing can our peace destroy.

Written by: James Edmeston (1791-1867)
Music: The Choir of St John's College Cambridge
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Evening Prayer 12 - The Sermon

The Sermon

2021 02 21 Intercession

The Prayers of Intercession

In the Porvoo Diary we pray for:
Church of England: Diocese of
Peterborough,
Bishop Donald Allister, Bishop John
Holbrook

Church of England: Diocese of Canterbury,
Archbishop Justin Welby, Bishop Rose
Hudson-Wilkin

Church of Ireland: Diocese of Meath and
Kildare,
Bishop Pat Storey

Church of Ireland: Diocese of Down and
Dromore,
Bishop David McClay

In Anglican Cycle of Prayer: Pray for
The Church of the Province of Central Africa

In the Diocese we pray for:
Penarth & Llandough: Penarth Ministry Area
Holy Trinity {Penarth}, St. Augustine
{Penarth} St. Dochdwy {Llandough}
Mark Jones (V) Alison Reeves (C)
[===]
All who are sick, particularly Dawn Conrad,
Maureen Dixon,
Charlotte Carpenter, Helen Saunders,
William Watkins, Doreen Stafford,
Grayson Finn, Margaret Launder, Crispin
Clay, Margaret Harris, Eric Cooke,
Terry Mayor, Leah and Chris Langdon.

Those who have recently departed this life,
Lionel Brinley Havard, Joyce Wingfield and
Edna Townsend.

Those whose 'years mind' fall during the
coming week,
Sun: John Thomas.
Mon: Eira Cadwgan Lock.
Tue: Elsie Margaret Miles and Annie Jane
Harries.
Wed: Ronald Joseph John Brown.
Thurs: Edward William Herman, Mollie
Hudson and Keith John Sarjeant.
Fri:
Sat:
May they rest in peace and rise in glory.

O Jesus I Have Promised

O Jesus, I have promised
To serve Thee to the end;
Be Thou forever near me,
My Master and my Friend;
I shall not fear the battle
If Thou art by my side,
Nor wander from the pathway
If Thou wilt be my Guide.

O let me hear Thee speaking
In accents clear and still,

Above the storms of passion,
The murmurs of self-will;
O speak to reassure me,
To hasten, or control;
O speak, and make me listen,
Thou Guardian of my soul.

O Jesus, Thou hast promised
To all who follow Thee
That where Thou art in glory
There shall Thy servants be;
And, Jesus, I have promised
To serve Thee to the end;
O give me grace to follow
My Master and my Friend.

O let me see Thy footmarks,
And in them plant mine own;
My hope to follow duly
Is in Thy strength alone.
O guide me, call me, draw me,
Uphold me to the end;
And then in heaven receive me,
My Saviour and my Friend.

Written by: John Ernest Bode (1816-1874)

Words and Music: The Choir of Salisbury Cathedral

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Evening Prayer 14 - The Grace

Lord God,
whose Son our Saviour Jesus Christ
triumphed over the powers of death
and prepared for us our place
in the new Jerusalem:
grant that we,
who have this day
given thanks for his resurrection,
may praise you in that City
of which he is the light,
and where he lives and reigns
for ever and ever. Amen.

The grace of our Lord Jesus Christ,
the love of God
and the fellowship of the Holy Spirit
be with us all, evermore. Amen.

Evening Prayer 15

If you confess with your lips that Jesus is
Lord
and believe in your heart that God raised
him from the dead,
you will be saved.'