

The Parish of Cowbridge

Worship for the First Sunday of Lent, 28th February 2021

Welcome to our service.

At the name of Jesus

At the name of Jesus
every knee shall bow,
every tongue confess him
King of Glory now.

'Tis the Father's pleasure
we should call him Lord,
who from the beginning
was the mighty Word:

Humbled for a season,
to receive a name
from the lips of sinners
unto whom he came,
faithfully he bore it
spotless to the last,
brought it back victorious
when from death he passed.

Name him Christians name him,
with love strong as death,
but with awe and wonder,
and with bated breath;
he is God the Saviour,
he is Christ the Lord,
ever to be worshipped,
trusted and adored.

Surely this Lord Jesus
shall return again,
with his Father's glory,
with his angel train;
for all wreaths of empire
meet upon his brow,
and our hearts confess him
King of Glory now.

Words: Carolina Maria Noel (1817-1877)

*Music: The Choir of Salisbury Cathedral and
Camberwell - John Michael Brierley (b. 1932)*

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The Gathering

In the name of the Father,

Yn enw'r Tad,
and of the Son,
a'r Mab,
and of the Holy Spirit.
a'r Ysbryd Glân.
Amen.

Grace and peace be with you
Gras a thangnefedd a fo gyda chwi
and keep you in the love of Christ.
a'th gadw di yng nghariad Crist

Prayer of Preparation

Heavenly Father, all hearts are open to you.
No secrets are hidden from you.
Purify us with the fire of your Holy Spirit
that we may love and worship you faithfully,
through Jesus Christ our Lord. Amen.

The Commandments

Our Lord Jesus Christ said,
If you love me, keep my commandments;
happy are those
who hear the word of God and keep it.

I am the Lord your God:
you shall have no other gods but me.
Love the Lord your God with all your heart,
with all your soul, with all your mind
and with all your strength.
Amen. Lord, have mercy.

You shall not make an idol of anything and worship it.

God is spirit, and those who worship him must worship in spirit and in truth.

Amen. Lord, have mercy.

You shall not dishonour the name of the Lord your God.

You shall worship him with reverence and awe.

Amen. Lord, have mercy.

Remember the Lord's day and keep it holy.

Christ is risen from the dead:

set your mind on things that are above.

Amen. Lord, have mercy.

Honour your father and your mother.

Live as servants of God;

honour all humanity;

love your Christian brothers and sisters.

Amen. Lord, have mercy.

You shall not commit murder.

Make peace with anyone who has a grievance against you;

overcome evil with good.

Amen. Lord, have mercy.

You shall not commit adultery.

Know that your body is a temple of the Holy Spirit.

Amen. Lord, have mercy.

You shall not steal.

Be honest in all that you do and care for those in need.

Amen. Lord, have mercy.

You shall not give false evidence.

Let everyone speak the truth in love.

Amen. Lord, have mercy.

You shall not covet the possessions of others.

It is more blessed to give than to receive.

Amen. Lord, have mercy.

Love your neighbour as yourself, for love is the fulfilling of the law.

Amen.

Prayers of Penitence

Let us confess our sins to the Father and seek his pardon and peace.

Almighty and merciful God,

we have sinned against you

in thought, word and deed.

We have not loved you with all our heart;

and we have not loved others

as Christ loves us.

We are truly sorry.

In your mercy, forgive us.

Help us to amend our lives;

that we may delight in your will

and walk in your ways,

to the glory of your name. Amen.

Eucharist 05 - Absolution

Almighty God,

who forgives all who truly repent,

have mercy on you

and set you free from sin,

strengthen you in goodness

and keep you in eternal life;

through Jesus Christ our Lord. Amen.

Collect for the Second Sunday of Lent

Almighty God,

you show to those who are in error

the light of your truth,

that they may return to the way of

righteousness:

grant that all who are admitted

into the fellowship of Christ's religion,
may reject those things that are contrary to
their baptism,
and follow in the way of Jesus Christ our
Lord;
who is alive and reigns with you and the
Holy Spirit,
one God, now and for ever.
Amen.

[Sunday first reading Genesis 17 1 7 15 16.pdf](#)

[Sunday Psalm 22.pdf](#)

[Sunday second reading Romans 4 13 25.pdf](#)

[2021 02 28 am Gospel.pdf](#)

[Eucharist 08 - The Sermon](#)

[The Sermon](#)

[The Nicene Creed](#)

We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius
Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

[Notices for this Week](#)

[The Prayers of Intercession](#)

This response may be used

Lord, in your mercy.
Hear our prayer.

In the Porvoo Diary we pray for:

Church of England: Diocese of Canterbury -
Archbishop Justin Welby, Bishop Rose
Hudson-Wilkin,
Bishop Jonathan Goodall, Bishop Rod
Thomas,
Bishop Norman Banks

Church of Ireland: Diocese of Down and
Dromore,
Bishop David McClay

In Anglican Cycle of Prayer: Pray for
The Anglican Church of Central America

In the Diocese we pray for:
Pontypridd: Pontypridd Ministry Area
(All Saints {Glyncoch Christian Centre}, St.
Catherine {Pontypridd},
Christ Church {Ynysybwl}, St. David
{Hopkinstown},
St. Gwynno {Llanwonno}, St. Luke {Cilfyndd},
St. Mary {Glyntaf},
St/ Luke {Rhydyfelin}, St. John {The Graig}).
Michael Gable (V) Jude Bevan (V)
Peter Watson (C) Philip Hopkins (Reader) (

All who are sick, particularly Dawn Conrad,
Maureen Dixon,
Charlotte Carpenter, Helen Saunders,
William Watkins, Doreen Stafford,
Grayson Finn, Margaret Launder, Crispin
Clay, Margaret Harris, Eric Cooke,
Terry Mayor, Leah, Chris Langdon and
Joanna Cory.

Those who have recently departed this life,
Edna Townsend.

Those whose 'years mind' fall during the
coming week,
Sun: Elizabeth Tomkins, Justin Coutange,
David Bluck and Bill Strong.
Mon:
Tue:
Wed: Catharine Lilian Wood.
Thurs: Freda Kathleen Harries.
Fri: Carole Louise Golden and Brian Trevor
John Hansard.
Sat: Renee Potts and Margaret Williams.
May they rest in peace and rise in glory.

The Prayers of Intercession

Lord, in your mercy;
Hear our prayer.

the following may be said to conclude the
prayers

Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour, Jesus Christ. Amen.

The Peace

Since we are justified by faith,
we have peace with God through our Lord
Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

Behold the Lamb who bears our sins away

Behold the Lamb who bears our sins away
Slain for us and we remember
The promise made that all who come in faith
Find forgiveness at the cross
So we share in this Bread of Life
And we drink of His sacrifice
As a sign of our bonds of peace
Around the table of the King

The body of our Saviour Jesus Christ
Torn for you eat and remember
The wounds that heal the death that brings
us life
Paid the price to make us one
So we share in this Bread of Life
And we drink of His sacrifice
As a sign of our bonds of love

Around the table of the King

The blood that cleanses every stain of sin
Shed for you drink and remember
He drained death's cup that all may enter in
To receive the life of God
So we share in this Bread of Life
And we drink of His sacrifice
As a sign of our bonds of grace
Around the table of the King

And so with thankfulness and faith we rise
To respond and to remember
Our call to follow in the steps of Christ
As His body here on earth
As we share in His suffering
We proclaim Christ will come again
And we'll join in the feast of heaven
Around the table of the King

*Words and Music: Keith Getty (b.1974), Kristyn
Getty (b. 1980), and Stuart Townend (b.1963)*

Music: The St Michaels Singers

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The Thanksgiving

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance

that through a pilgrimage of prayer and
discipline
we may grow in grace
and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the
world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and saying:

♪ Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

*Music: The Girls Choir of Norwich Cathedral
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An Act of Spiritual Communion

Our Jesus,
We believe that you are present
in the Sacrament of Holy Communion.
We love You above all things
and desire to receive You into our souls.
Since we cannot at this moment
receive you sacramentally,
come spiritually into our hearts,
and find a home prepared for you there.

We embrace You

as if You were already there.
We unite ourselves wholly to You.
Never permit us to separate
ourselves from You.
Grant that we may love you always,
and do with us what you will.
For we pray in your most holy name.
Amen.

As our Saviour taught us, we boldly pray:

♪
Our Father
Ein Tad,
who art in heaven,
yr hwn wyt yn y nefoedd,
hallowed be thy name,
sancteiddier dy enw,
thy kingdom come,
deled dy deyrnas,
thy will be done,
gwneler dy ewyllys;
on earth as it is in heaven.
megis yn y nef, felly ar y ddaear hefyd.
Give us this day our daily bread.
Dyro i ni heddiw ein bara beunyddiol
And forgive us our trespasses
a maddau i ni ein dyledion,
as we forgive those
fel y maddeuwn ninnau
who trespass against us.
i'n dyledwyr.
And lead us not into temptation,
Ac nac arwain ni i brofedigaeth;
but deliver us from evil.
eithr gwared ni rhag drwg.
For thine is the kingdom,
Canys eiddot ti yw'r deyrnas,
the power and the glory,
a'r gallu, a'r gogoniant,
for ever and ever.
yn oes oesoedd.
Amen.

Agnus dei - Mass of St Thomas

♪ Lamb of God,
you take away the sins of the world:
have mercy on us.
Lamb of God,
you take away the sins of the world:
have mercy on us.
Lamb of God,
you take away the sins of the world:
grant us peace.

*Music: The Girls Choir of Norwich Cathedral
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Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his
supper.
Lord, I am not worthy to receive you,
but only say the word and I shall be healed.

♪ *Sheep may safely graze*

*Music: J.S. Bach and Clyde McLennan
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Post communion responses

Give thanks to the Lord for he is gracious:
his love is everlasting.

Post Communion Prayer

Creator of heaven and earth,
we thank you for these holy mysteries
given us by our Lord Jesus Christ,
by which we receive your grace
and are assured of your love,
now and for ever.
Amen.

God of our pilgrimage,
you feed us with the bread of heaven.

Refresh and sustain us
as we go forward on our journey,
in the name of Jesus Christ our Lord. Amen.

Will you come and follow me (The
Summons)

Will you come and follow me
If I but call your name?
Will you go where you don't know
And never be the same?
Will you let my love be shown,
Will you let my name be known,
Will you let my life be grown
In you and you in me?

Will you leave yourself behind
If I but call your name?
Will you care for cruel and kind
And never be the same?
Will you risk the hostile stare
Should your life attract or scare?
Will you let me answer prayer
In you and you in me?

Will you let the blinded see
If I but call your name?
Will you set the prisoners free
And never be the same?
Will you kiss the leper clean,
And do such as this unseen,
And admit to what I mean
In you and you in me?

Will you love the 'you' you hide
If I but call your name?
Will you quell the fear inside
And never be the same?
Will you use the faith you've found
To reshape the world around,
Through my sight and touch and sound
In you and you in me?

Lord, your summons echoes true

When you but call my name.
Let me turn and follow you
And never be the same.
In your company I'll go
Where your love and footsteps show.
Thus I'll move and live and grow
In you and you in me.

*Written by: Graham Maule (b.1958) and John L. Bell
(b.1949)*

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The Blessing and Sending Out

The Lord be with you
And also with you

Christ give you grace to grow in holiness,
to deny yourselves,
take up your cross,
and follow him;

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit
be among you
and remain with you always. Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.