

The Parish of Cowbridge

Worship for Sunday 28th February The Second Sunday of Lent

Welcome to our service.

Lord teach us how to pray aright

Lord, teach us how to pray aright
With reverence and with fear;
Though dust and ashes in thy sight,
We may, we must draw near.

We perish if we cease from prayer;
O grant us power to pray;
And when to meet thee we prepare,
Lord, meet us by the way.

God of all grace, we bring to thee
With broken, contrite hearts;
Give, what thine eye delights to see,
Truth in the inward parts;

Faith in the only sacrifice
That can for sin atone;
To cast our hopes, to fix our eyes,
On Christ, on Christ alone;

Patience to watch, and wait, and weep,
Though mercy long delay;
Courage our fainting souls to keep,
And trust thee though thou slay.

Give these, and then thy will be done;
Thus, strengthened with all might,
We, through thy Spirit and thy Son,
Shall pray, and pray aright.

Written by: James Montgomery (1771-1854)

Music: The Choir of St Chad's Cathedral

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Introduction

He was in the wilderness for forty days,
tempted by Satan;
and he was with the wild beasts;
and the angels waited on him.
Mark 1.13

Beloved in Christ,
we are here in the presence
of the living God
and of the whole company of heaven,
to offer to him,
through our Lord Jesus Christ,
our worship and praise
and thanksgiving;
that we may know more truly
the greatness of his love,
and that his grace
may bear fruit in our lives.

We have come to hear and receive
God's holy Word,
to seek the strengthening power
of the Holy Spirit,
and to pray for ourselves
and all humankind
that we may be given those things
which are necessary
for our true well-being.
But first let us confess our sins,
and seek our Father's pardon and peace:

Confession

We confess to God Almighty,
the Father, the Son, and the Holy Spirit,
that we have sinned in thought,
word and deed.

We have left undone those things
which we ought to have done;
and we have done those things
which we ought not to have done.
Wherefore we pray God

to have mercy upon us.

Almighty God have mercy upon us,
forgive us all our sins
and deliver us from evil,
confirm and strengthen us
in all goodness,
and bring us to life everlasting. Amen.

The Minister (if a Priest) says:

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you
from all your sins,
confirm and strengthen you
in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. Amen.

Or (if a Deacon or a Lay person) says:

Grant, we beseech thee,
merciful Lord,
to thy faithful people pardon and peace,
that they may be cleansed
from all their sins,
and serve thee with a quiet mind;
through Jesus Christ our Lord. Amen.

The Office

O Lord, open thou our lips;
And our mouth shall show forth thy Praise.

O God, make speed to save us;
O Lord, make haste to help us.

Glory be to the Father,
and to the Son:
and to the Holy Spirit;
As it was in the beginning,
is now, and ever shall be:

world without end. Amen.

Praise ye the Lord;
The Lord's Name be praised.

Readings evening Psalm 135.pdf

Readings Evening Prayer - OT Genesis 12 1 9.pdf

The Magnificat

My soul doth magnify the Lord:
and my spirit hath rejoiced in God my
Saviour.

For he hath regarded:
the lowliness of his handmaiden.

For behold, from henceforth:
all generations shall call me blessed.

For he that is mighty hath magnified me:
and holy is his name.

And his mercy is on them that fear him:
throughout all generations,

He hath showed strength with his arm:
he hath scattered the proud
in the imagination of their hearts.

He hath put down the mighty from their
seat:
and hath exalted the humble and meek.

He hath filled the hungry with good things:
and the rich he hath sent empty away.

He remembering his mercy:
hath helped his servant Israel;

As he promised to our forefathers:
Abraham and his seed, for ever.

Glory be to the Father,
and to the Son:
and to the Holy Spirit;
As it was in the beginning,
is now, and ever shall be:
world without end. Amen.

Readings Evening Prayer NT Hebrews 11 1 3
8 16.pdf

The Nunc Dimittis

Lord, now lettest thou thy servant
depart in peace:
according to thy word.

For mine eyes have seen
thy salvation:
which thou hast prepared
before the face of all peoples.

To be a light to lighten the Gentiles:
and to be the glory of thy people Israel.

Glory be to the Father,
and to the Son:
and to the Holy Spirit;
As it was in the beginning,
is now, and ever shall be:
world without end. Amen.

The Apostles Creed

I believe in God the Father Almighty,
maker of heaven and earth:

And in Jesus Christ
his only Son our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.

The third day he rose again
from the dead,
he ascended into heaven,
and is seated at the right hand of God
the Father Almighty;
from thence he shall come
to judge the quick and the dead.

I believe in the Holy Spirit;
the Holy Catholic Church;
the communion of saints;
the forgiveness of sins;
the resurrection of the body;
and the life everlasting. Amen.

The lesser litany

The Lord be with you.
And with your spirit.

Let us pray.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

The Lord's Prayer

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation;
but deliver us from evil. Amen.

The responses

O Lord, show thy mercy upon us;
And grant us thy salvation.

Endue thy ministers with righteousness;
And make thy chosen people joyful.

O Lord, save thy people;
And bless thine inheritance.

O Lord, save the Queen;
And give her counsellors wisdom.

Give peace in our time, O Lord;
And evermore mightily defend us.

Make clean our hearts, O God;
And renew a right spirit within us.

Collect for the Second Sunday of Lent

Almighty God,
you show to those who are in error
the light of your truth,
that they may return to the way of
righteousness:
grant that all who are admitted
into the fellowship of Christ's religion,
may reject those things that are contrary to
their baptism,
and follow in the way of Jesus Christ our
Lord;
who is alive and reigns with you and the
Holy Spirit,
one God, now and for ever.
Amen.

The Second Collect, for Peace

Almighty God,
from whom all holy desires,
all good counsels,
and all just works do proceed:
give unto thy servants
that peace which the world cannot give;

that our hearts may be set
to obey thy commandments,
and that, being defended by thee
from the fear of our enemies,
we may pass our time in rest and quietness;
through Jesus Christ our Lord. Amen.

The Third Collect, for aid against all perils

Lighten our darkness,
we beseech thee, O Lord;
and by thy great mercy
defend us from all perils
and dangers of this night;
for the love of thy only Son,
our Saviour Jesus Christ. Amen.

For all the saints who showed your love

For all the saints who showed your love
in how they lived and where they moved,
for mindful women, caring men,
accept our gratitude again.

For all the saints who loved your name,
whose faith increased the Saviour's fame,
who sang your songs and shared your word,
accept our gratitude, good Lord.

For all the saints who named your will,
and saw your kingdom coming still
through selfless protest, prayer and praise,
accept the gratitude we raise.

Bless all whose will or name or love
reflects the grace of heaven above.
though unacclaimed by earthly powers,
Your life through theirs has hallowed ours.

*Written by: John L. Bell (b.1949) and Graham Maule
(b.1958)*

*Music: The Cathedral Singers
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The Sermon

The Prayers of Intercession

In the Porvoo Diary we pray for:

Church of England: Diocese of Canterbury -
Archbishop Justin Welby, Bishop Rose
Hudson-Wilkin,
Bishop Jonathan Goodall, Bishop Rod
Thomas,
Bishop Norman Banks

Church of Ireland: Diocese of Down and
Dromore,
Bishop David McClay

In Anglican Cycle of Prayer: Pray for
The Anglican Church of Central America

In the Diocese we pray for:
Pontypridd: Pontypridd Ministry Area
(All Saints {Glyncoch Christian Centre}, St.
Catherine {Pontypridd},
Christ Church {Ynysybwl}, St. David
{Hopkinstown},
St. Gwynno {Llanwonno}, St. Luke {Cilfyndd},
St. Mary {Glyntaf},
St/ Luke {Rhydyfelin}, St. John {The Graig}).
Michael Gable (V) Jude Bevan (V)
Peter Watson (C) Philip Hopkins (Reader) (

All who are sick, particularly Dawn Conrad,
Maureen Dixon,
Charlotte Carpenter, Helen Saunders,
William Watkins, Doreen Stafford,
Grayson Finn, Margaret Launder, Crispin
Clay, Margaret Harris, Eric Cooke,
Terry Mayor, Leah, Chris Langdon and
Joanna Cory.

Those who have recently departed this life,
Edna Townsend.

Those whose 'years mind' fall during the
coming week,

Sun: Elizabeth Tomkins, Justin Coutange,
David Bluck and Bill Strong.

Mon:

Tue:

Wed: Catharine Lilian Wood.

Thurs: Freda Kathleen Harries.

Fri: Carole Louise Golden and Brian Trevor
John Hansard.

Sat: Renee Potts and Margaret Williams.
May they rest in peace and rise in glory.

Jerusalem my happy home

Jerusalem, my happy home,
When shall I come to thee?
When shall my troubles have an end?
Thy joys when shall I see?

There David stands with harp in hand
As master of the choir:
Ten thousand times times ten thousand
blest,
All who this music hear.

There Mary sings Magnificat
With tune surpassing sweet,
and all the holy hear their parts,
a-sitting at her feet.

There Magdalen hath left her moan,
And cheerfully doth sing
With blessed saints, whose harmony
In every street doth ring.

Jerusalem, my happy home,
God grant that I may see
Thine endless joy, and of the same
A true partaker be!

Written by: Anonymous
Music: Anam Cara
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The Grace

Lord God,
whose Son our Saviour Jesus Christ
triumphed over the powers of death
and prepared for us our place
in the new Jerusalem:
grant that we,
who have this day
given thanks for his resurrection,
may praise you in that City
of which he is the light,
and where he lives and reigns
for ever and ever. Amen.

The grace of our Lord Jesus Christ,
the love of God
and the fellowship of the Holy Spirit
be with us all, evermore. Amen.