

Bywoliaeth Reithorol Y Bont Faen
The Rectorial Benefice of Cowbridge

The Holy Eucharist
Y Cymun Bendigaidd



Ordinary Time
Amser Cyffredin

The Gathering

A hymn, psalm or anthem may be sung

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
and keep you in the love of Christ

Prayer of Preparation

**Father of glory, holy and eternal,
look upon us now in power and mercy.
May your strength overcome our weakness,
your radiance transform our blindness,
and your Spirit draw us to that love,
shown and offered to us by your Son,
our Saviour Jesus Christ. Amen.**

The Kyries

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Prayers of Penitence

Silence is kept

**Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past and lead us in his way
to walk as children of light. Amen.**

Almighty God, who forgives all who truly repent,
have mercy on you and set you free from sin,
strengthen you in goodness and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect

The priest introduces the Collect with “Let us pray”, after which there may be a bidding and a period of silence, followed by the Collect.

The Proclamation of the Word

For each of the first two readings the reader says:

A reading from ...

Silence follows each reading. The reader may then say: Either

Hear what the Spirit is saying to the church.

Thanks be to God.

Or

This is the word of the Lord.

Thanks be to God.

An Old Testament Reading

(A Psalm)

A New Testament Reading

The Gospel

Listen to the gospel of Christ according to ...

Glory to you, O Lord.

After the Gospel the reader says:

This is the Gospel of the Lord.

Praise to you, O Christ.

The Sermon

An Affirmation of the Faith

The Nicene Creed

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,**

**true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Intercession

Appropriate responses may be used, for example:

Lord, in your mercy,
Hear our prayer

Lord, hear us.

Lord, graciously hear us

We pray to you, O Lord.

Lord, have mercy.

The prayer ends with the following:

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The following prayer may be said

We do not presume

to come to this your table, merciful Lord,

trusting in our own righteousness,

but in your manifold and great mercies.

We are not worthy

so much as to gather up the crumbs under your table.

But you are the same Lord

whose nature is always to have mercy.

Grant us, therefore, gracious Lord,

so to eat the flesh of your dear Son Jesus Christ

and to drink his blood,

that we may evermore dwell in him

and he in us. Amen.

The Peace

A sentence of Scripture may be read.

The peace of the Lord be always with you

and also with you.

Let us offer one another a sign of peace.

A sign of peace may be exchanged.

A hymn, psalm or anthem may be sung.

The Thanksgiving

The priest takes the bread and the cup.

Blessed are you, Lord, God of all creation.

Through your goodness we have this bread to offer,
which earth has given and human hands have made.

It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord, God of all creation.

Through your goodness we have this wine to offer,
fruit of the vine and work of human hands.

It will become our spiritual drink.

Blessed be God for ever.

Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right,

it is our duty and our joy

at all times and in all places

to give you thanks and praise,

holy Father, heavenly King, almighty, everlasting God,

through Jesus Christ your only Son our Lord.

The following paragraph may be replaced by a proper preface.

He is your eternal Word:
through him you created the universe
and formed us men and women in your own image.
You sent him to be our Saviour,
born of Mary through the power of the Spirit.
Upon the cross he opened wide his arms of mercy,
embracing us in perfect love,
destroying the power of evil, suffering and death.
On the first day of the week you raised him from the dead
and opened to us the gate of everlasting life.
Through him you have given us your holy and life-giving Spirit,
and made us your own sons and daughters.

Therefore with angels and archangels
and with all the company of heaven
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Hear us, heavenly Father,
through Jesus Christ your Son our Lord.
Through him accept our sacrifice of praise,
and grant that, by the power of your Spirit,
these gifts of bread and wine may be for us his body and his blood;
who in the same night that he was betrayed
took bread and gave you thanks;
he broke it and gave it to his disciples, saying,
Take, eat; this is my body which is given for you.
Do this in remembrance of me.

In the same way, after supper,
he took the cup and gave you thanks;
he gave it to them, saying,
Drink from this, all of you;
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

[Let us proclaim the mystery of faith:]

Christ has died.

Christ is risen.

Christ will come in glory.

Therefore, Father,
remembering the saving death and resurrection of your Son
we offer to you in thanksgiving this bread and this cup, your gifts to us,
and we thank you for counting us worthy
to stand in your presence and serve you.

Send your Holy Spirit upon all of us
who share this bread and this cup.
Strengthen our faith, make us one
and welcome us and all your people
into the glorious kingdom of your Son.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever.

Amen.

Silence.

As our Saviour taught us, we boldly pray:
**Our Father who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

The Communion

The priest breaks the bread

We break this bread to share in the body of Christ.
**Though we are many, we are one body
for we all share in one bread.**

This anthem may be used here or during the communion. Either

**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us
Jesus, Redeemer of the world: give us your peace.**

Or

**Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
grant us peace.**

Come, let us receive the body and blood of our Lord Jesus
Christ, given for us, and feed on him in our hearts
by faith with thanksgiving.

The priest and people receive the communion

The Sending Out

Give thanks to the Lord for he is gracious:
his love is everlasting.

A post-communion prayer and/or one of the following prayers is used:

**We thank you, Father,
for feeding us with the body and blood of your Son
in this holy sacrament,
through which we are assured of the hope of eternal life.
We offer ourselves to you as a living sacrifice.
Keep us in the fellowship of his body, the Church,
and send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Or

**Eternal God,
comfort of the afflicted and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son,
Jesus Christ our Lord. Amen.**

The Lord be with you.

And also with you

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

A hymn may be sung

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

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